

Fall 2021

DESERT MOUNTAIN C O N N E C T I O N




**DESERT
MOUNTAIN**
COMMUNITY



Russ
Lyon

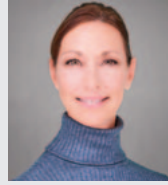
Sotheby's
INTERNATIONAL REALTY

The #1 Real Estate Company
Sales Volume & Units Sold
In Desert Mountain

The Onsite Sales Team



JOANIE BARREIRO
480.235.2776
joanie.barreiro@russlyon.com



CHERYL D'ANNA
480.319.3800
cheryl.danna@russlyon.com



DONNA LEGATE-TERRY
602.399.0829
donna.legate@russlyon.com



BARRY CONSER
602.790.3313
barry.conser@russlyon.com



PAUL PERRY
602.319.1110
paul.perry@russlyon.com



PATRICK RICE
970.846.5461
patrickrice@russlyon.com



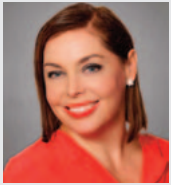
SHAWN CHAPPEL
480.329.2020
shawn.chappel@russlyon.com



BOB TERRY
602.370.0644
bob.terry@russlyon.com



MITCH HUNDMAN
602.618.3580
mitch.hundman@russlyon.com



KATHLEEN LANE
480.489.2655
kathleen.lane@russlyon.com



CYNTHIA KOLANDER
480.980.4073
cynthia.kolander@russlyon.com



JAMES KOLANDER
480.326.5775
james.kolander@russlyon.com



KEITH MARSHALL
602.809.4100
keith.marshall@russlyon.com



KIRK MARSHALL
602.882.2112
kirk.marshall@russlyon.com



MICHELLE O'NEILL
480.776.9958
michelle.oneill@russlyon.com



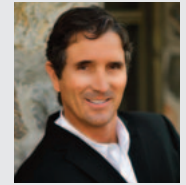
JAN LUX
480.363.3543
jan.lux@russlyon.com



MIKE DOYLE
602.390.0494
mike.doyle@russlyon.com



DAN WOLSKI
480.266.7557
dan.wolski@russlyon.com



LONNIE LOPEZ
480.688.4463
lonnie.lopez@russlyon.com



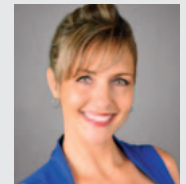
KATHY REED
480.262.1284
kathy.reed@russlyon.com



HUGH REED
480.570.6939
hugh.reed@russlyon.com



STACEY VANDIVERT
480.760.1001
stacey.vandivert@russlyon.com



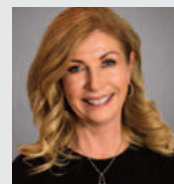
TAMI HENDERSON
480.341.2815
tami.henderson@russlyon.com



KAREN BALDWIN
480.694.0098
karen.baldwin@russlyon.com



KATHLEEN BENOIT
480.544.5565
kathleen.benoit@russlyon.com



BEE FRANCIS
602.679.3193
bee.francis@russlyon.com



Russ Lyon

Sotheby's
INTERNATIONAL REALTY





**Communication and
Marketing Committee**

Ron Helm, *Chair*
Helen Hemphill, *Member*
Joanne Klonoski, *Member*
Deborah McIntyre, *Member*
Sharon Wong, *Member*

Magazine Layout

T&T Creative Specialties
Barbara Rodriguez

Desert Mountain Master Association

Main Gate: 480-635-5630
Main Office Line: 480-635-5600
Main Office Fax: 480-488-7484
Design Review: 480-635-5605
Owners Services (OSB): 480-635-5610
DHE Gate: 480-635-5635

Desert Mountain Connection is designed to help you be connected to Desert Mountain whether or not you are residing in the community. Submission of community news, articles or photography for *The Desert Mountain Connection* should be sent to jpickering@desertmthoa.com. The *Desert Mountain Connection* is not responsible for the return of unsolicited materials. The paid advertising contained herein does not represent the endorsement of the Desert Mountain Master Association. Reproduction, in whole or in part, without written permission is prohibited.

The *Desert Mountain Connection* is published by the Desert Mountain Master Association.

Printed in the USA.
Copyright © 2021,
The Desert Mountain Connection.
All rights reserved.
Please recycle.

TABLE OF CONTENTS

President's Letter <i>by Mike Klonoski</i>	4
Security Update <i>by Jim Duffey</i>	5
Who Does What? <i>by Ron Helm</i>	8
Information Technology Update <i>by Tim Fischer</i>	10
The Saguaro Cactus <i>by Ron Helm</i>	11
Desert Mountain Villages <i>by Joanne Klonoski</i>	12
Monarch Butterflies Are in Decline and You Can Help! <i>by Wendy Whitman</i>	14
Sears-Kay Ruin & The Desert Foothills <i>by Scott Wood</i>	17
Core Stability The Center of Your Swing <i>by Robert Mottram, PT</i>	19
Abrazo Cave Creek Hospital Now Open <i>by Helen Hemphill</i>	20
Home Sales at Historic Highs <i>by Joanne Klonoski</i>	23
Art in The Foothills <i>by Helen Hemphill</i>	25
Desert Mountain's New Homes Are Taking a Modern Flair <i>by Helen Hemphill</i>	28
Jill Porcellato CAREs <i>by Deborah McIntyre</i>	31
What is Show-and-Go? <i>by Craig Mitchell</i>	34
See if You Can Find The Differences in These Two Pictures	36
One Last Thing	38

A THANK YOU FROM THE COMMUNICATION AND MARKETING COMMITTEE CHAIR:

I thank Mike Klonoski, President of the DMMA; the Board of Directors; our Committee Members, an amazing group of creative and talented individuals; and the DMMA staff for their professionalism and continual support.

—Ron Helm

PRESIDENT'S LETTER

Mike Klonoski, President
Desert Mountain Master Association

**“YOUR BOARD OF DIRECTORS WILL
DO EVERYTHING IN ITS POWER TO
CONTINUE THE POSITIVE
MOMENTUM OF OUR COMMUNITY.”**



Fellow Homeowners,

I hope this letter finds you and your family well.

Once again we are faced with heightened levels of uncertainty as the Delta variant threatens us. I encourage you all to make considered decisions for you, your families and your neighbors when dealing with this new COVID challenge. As in the past, we are working closely with the Desert Mountain Club to monitor this changing situation and will take every action necessary to keep our residents and staff safe and healthy.

Another challenge facing our community is wage inflation and scarcity of a quality labor force. Your Board of Directors answered this challenge by increasing our wage and benefit packages to security and staff to ensure that we keep the best and hire the best. Yes, your dues will be going up, by about \$25.22 per month. This will allow us to provide security and service at the highest levels.

On another front, we have begun a search for a new Executive Director. As Desert Mountain continues to grow and attract new residents, the job of leading our community becomes ever more sophisticated, demanding, and complex. CCMC, our community management firm, has engaged two executive search firms to find the best person to lead our team into the future. In the interim, Craig Pustejovsky, a Senior Vice President of CCMC, is providing excellent direction to our team. We anticipate filling this position by the end of the fourth quarter.

I am pleased to say that we currently have \$24.6 million in reserve. As you can imagine, the threat of substantial inflation could diminish the value of those reserves. Our Treasurer, Mike Dings, is

working with our Finance Committee to diminish this threat to our cash reserves. The biggest capital expense on our horizon is the reconstruction of Desert Mountain Parkway at a potential cost of \$5 million in 2021 dollars.

On the more mundane but important topic of infrastructure, the Master Association has completed crackfilling and sealcoating of over 37 miles of roadways in 30 villages with a contract value of \$650,000. Crackfill and patching were completed in Saguaro Forest this year, with sealcoating scheduled for 2022. Additionally, over fifteen miles of sidewalks were inspected by a third-party engineer and the most urgent repairs were completed in mid-September.

On the home front (excuse the pun), the market is very positive year-to-date. 190 Homes have sold, a substantial increase over 2020, which was itself a banner year. Please refer to page 23 for a more in-depth analysis. New residents from Washington, Illinois, California and many other states continue to target Desert Mountain as an extremely desirable place to live. Our property values are the highest in decades, and new construction continues unabated. Your Board of Directors will do everything in its power to continue the positive momentum of our community. And, as always, we are committed to strong financial integrity, high levels of customer service and the best security program of any community in the United States.

All the best,
Mike

SECURITY UPDATE

Jim Duffey, Chair of the Safety & Security Committee
Desert Mountain Master Association



OPERATION QUICK AND SECURE ENTRY kicked off in May to reflect the community's goals to:

- Be proactive in our mission to keep Desert Mountain safe, secure and beautiful.
- Identify and stop anyone from entering our community who does not have a legitimate reason for being here.
- Encourage vendors and service providers to purchase an eGo tag to reduce the long lines and wait times at our Desert Hills gate, which are creating a traffic hazard.

On Monday, July 12, *all* drivers without eGo tags—not just vendors and service providers—were required to show their driver's licenses. This policy is in effect for both gates at Desert Mountain and the gate at Seven. **Even if your guest's name is on the Gate Access list, a driver's license will be required to get through the gates.** Please let your friends and family know about this new entrance requirement when you invite them to visit.

Since the implementation of the policy, we have worked with vendors to ensure drivers present active eGo Tags or current driver's licenses to enter our gates. Overall, everyone—vendors, owners, and guests—benefit from the added security provided by Operation Quick and Secure Entry.

Don't Forget GateAccess.net

Security receives over one-thousand calls a month from homeowners authorizing vendors to proceed to their homes. While the calls are part of the day-to-day routine for Security, it is not an efficient

system and vendors may be turned away. By electronically placing a vendor temporarily on your guest list, Security doesn't need to call for verification. **GateAccess.net** or the **GateAccess app** allows you to manage your guest lists at your own convenience. Skip the call and log on to set up specific times for vendors, friends, or family! The app is available in the App Store or from Google Play. If you need help setting up an account, desertmtcommunity.com/155/GateAccess or call the DMMA office at (480) 635-5600.

TIME TO UPDATE YOUR PHONE!

New Emergency Phone Number

A new emergency phone line, monitored by a full-time dispatcher at the Desert Hills Gate Entrance, is now active for Desert Mountain. In an emergency, please call **480-635-5691**. Such an emergency includes:

- Severe medical condition
- Car accident with potential injuries
- Car accident with road blocked
- Fire
- Potential intruder
- Exposed live power line
- Gas leak

For non-emergency and routine gate issues, please continue to call **480-635-5630**.

continued next page 

SECURITY UPDATE, *continued*

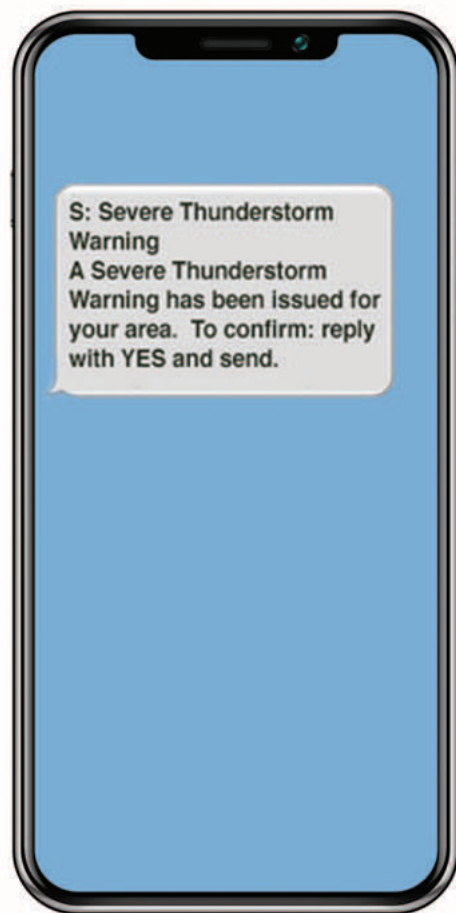
Perimeter Fence, Phase II

Fencing will start along Cave Creek Road near the Fairways office building, continuing to the Apache maintenance facility, then proceeding north to the village of Painted Sky. The fence will continue along the southern and eastern edges of Painted Sky to the village of Apache Peak. DMMA is currently notifying property owners along this 4.1-mile perimeter to answer questions and determine access. Estimated completion is end of 2021.



Emergency Text Alert Notification

The Emergency Text Alert Notification system is currently operational! DMMA is working on policy/procedures for activation of this system. This will be part of the Desert Mountain Emergency Information System (DMEIS), now reachable at 480-635-5656. The ability to send out emergency text messages will enhance the existing recorded message. Watch for more details soon!



HYDE PARK

INTERIORS • ART • RUGS • PATIO



HYDE PARK INTERIORS | 8924 E Pinnacle Peak Rd #G-1, Scottsdale, AZ 85255 | HydeParkInteriorDesign.com | 480.405.6500

HYDE PARK FINE ART | 20789 N Pima Rd Suite JK-135, Scottsdale, AZ 85255 | HydeParkFineArt.com | 480.531.8499

HYDE PARK FINE RUGS | 20789 N Pima Rd Suite JK-140 Scottsdale, AZ 85255 | HydeParkFineRugs.com | 480.447.3200

WHO DOES WHAT?

DESERT MOUNTAIN MASTER ASSOCIATION & DESERT MOUNTAIN CLUB AREAS OF RESPONSIBILITY

Ron Helm

Desert Mountain's 8,000 acres consist of common areas predominantly owned and maintained by the Desert Mountain Master Association (DMMA) and the Desert Mountain Club (the Club). All homeowners have access to the common areas, but only Club members have access to Club amenities.

What DMMA Does

Common areas are maintained by DMMA, which has employed CCMC, a professional community management company, to assist in day-to-day operations. Common areas that are the responsibility of DMMA include:

- Public roadways, bridges, medians, fences, sidewalks and adjacent landscape;
- Gates and gate access systems;
- Storm sewer systems including culverts and washes (except those washes that are owned and maintained by the Club);
- Entrance monuments and mailboxes; and
- The hiking trails.

In addition to maintaining the common areas, DMMA is responsible for:

- **Safety and Security.** DMMA employs Anderson Security to control community access, provide emergency assistance and enforce traffic rules. Additionally, they maintain the Desert Mountain Emergency Information System to keep residents informed of potential threats to the Community, such as wildfires.
- **CC&Rs.** The Covenants, Conditions and Restrictions (CC&Rs) provide the governing rules for the Community, including design review

guidelines for landscaping, new homes, and major exterior remodels.

- **Community Assessments.** Residents pay bi-annual assessments that fund operations and reserve accounts for major capital items.

What The Club Does

The Desert Mountain Club owns, operates and maintains the following Club amenities:

- Six Signature Jack Nicklaus golf courses;
- No. 7 Desert Mountain golf course;
- Nine restaurants;
- Seven club houses and associated parking lots;
- The Sonoran Fitness Center, including the spa, the work-out facility, a youth center, tennis courts, bocce courts, golf croquet courts, pickleball courts and pools;
- The Kiva, the equestrian center, luxury camping and other amenities located at the Trails; and
- The dog park.

Additionally, the Club provides a wide variety of services to members, including:

- Creating and hosting numerous golf, dining, and social events;
- Sponsoring social clubs and other programs;
- Sponsoring charitable events;
- Creation and operation of a youth program;
- Sponsoring outdoor recreational programs; and
- Catering.

Contact Information

If you need to contact the DMMA or the Club, please see the contact list below:

DMMA CONTACT

Security – Dispatch 480-635-5630
Security – EMERGENCY ONLY 480-635-5691
DMMA Office 480-635-5600
Owners Services Business 480-635-5610
sgrey@desertmthoa.com

Stephen Prall, *Community Manager* 480-635-5603
sprall@desertmthoa.com

Bill Fultz, *Chief Security Officer* 480-635-5620
bfultz@desertmthoa.com

Dean Perna, *Director of Security* 480-635-5619
dperna@desertmthoa.com

Bruce Spilka, *Operations Director* 480-635-5607
bspilka@desertmthoa.com

Dana Bondon, *Design Review Manager*
480-635-5605
dbondon@desertmthoa.com

Mark Lewis, *Owner Liaison / Compliance*
480-635-5613
mlewis@desertmthoa.com



CLUB CONTACT

Club Concierge 480-488-1363
Fairways – Main 480-595-4004
Apache Restaurant 480-595-4095
Apache Pro Shop 480-595-4090
C/G Restaurant 480-595-4123
C/G Pro Shop 480-488-1362
Constantino's 480-595-4800
Chiricahua Grill 480-595-4820
Chiricahua Pro Shop 480-595-4850
AZ Grill at Outlaw 480-595-4070
Outlaw Pro Shop 480-595-4880
Renegade Pro Shop 480-488-1791
Jim Flick Golf Performance Center 480-595-4280
Seven Restaurant 480-437-2900
Seven Pro Shop 480-437-2950
Café Verde 480-595-4352
Fitness Center 480-595-4355
The Spa 480-595-4350
Boutique & Tennis Shop 480-488-1397
Youth Activities 480-488-1397



INFORMATION TECHNOLOGY UPDATE

Tim Fischer



The Master Association is bringing another internet provider option to Desert Mountain. At no charge to the community, **Desert iNet**, a high-speed residential internet service provider, has recently installed equipment at our hub towers, network interface boxes, and point-to-multipoint radios at Desert Mountain. Initial testing has proven successful. Our community will now have another internet service option. Desert iNET data plans include:

FAST	1 Terabyte	100 Mbps / 100 Mbps
FASTER	Unlimited	200 Mbps / 200 Mbps
FASTEST	Unlimited	300 Mbps / 300 Mbps
BLAZING FAST	Unlimited	500 Mbps-1Gbps / 500 Mbps- 1Gbps

Digital bulletin boards are coming!

Digital/electronic boards will be installed at the mailbox area of your village per the schedule shown below. With automatic light adjustment to aid in viewing messages, the 49-inch HD digital bulletin boards will allow the Master Association to communicate important information community wide or to specific villages. In addition, the mailboxes will be upgraded to allow larger mail to be placed unfolded into your box. Innovation continues at Desert Mountain!



2022	2023	2024	2025
Apache Peak	Desert Fairways	Deer Run	Lone Mountain I
Cochise Geronimo	Desert Greens	Lone Mountain II	Sunset Canyon
Rose Quartz	Desert Hills	Seven Arrows	Lost Star
Grey Fox	Desert Horizons	Sonoran Cottage/ Enclave	Painted Sky
Mountain Skyline	Lookout Ridge	Sonoran Ridge	Cochise Ridge
Turquoise Ridge	Renegade Trail	Gambel Quail	
	Apache Cottages	Sunrise	
		Eagle Feather	

A tall saguaro cactus with white flowers at the top, set against a clear blue sky. Several other smaller saguaros with white flowers are visible in the background, creating a desert landscape scene.

THE SAGUARO CACTUS

Ron Helm

Identifying Features

The magnificent saguaro cactus (*Carnegiea gigantea*) is one of the defining plants of the Sonoran Desert. These plants are large, tree-like, columnar cacti that develop branches (or arms) as they age, although some never grow arms. These arms generally bend upward and can number over 25. Saguaros have protective spines, white flowers in the late spring, and red fruit in summer.

Habitat

Saguaros are found exclusively in the Sonoran Desert. The most important factors for growth are water and temperature. If the elevation is too high, the cold weather and frost can kill the saguaro. Although the Sonoran Desert experiences winter and summer rains, the Saguaro obtains most of its moisture during the summer rainy season.

Range

You find this cactus in southern Arizona and western Sonora, Mexico. At the northern portion of their habitat, they are more plentiful on the warmer south facing slopes. A few stray plants also can be found in southeast California.

Wild Status

The saguaro is not listed as threatened or endangered. However, Arizona has strict regulations about the harvesting, collection or destruction of this species.

Life Span

With ideal growing conditions, saguaros can live for 150 to 200 years.

Size

The saguaro is slow-growing. A 10-year-old plant might only be 1½ inches tall. However, a mature saguaro can grow to approximately 40 to 60 feet. When the saguaro is fully hydrated, it can weigh between 3,200 to 4,800 pounds.

Quick Facts

- The saguaro is the largest cactus in the United States.
- It can also take 50 to 75 years to grow an arm.
- Most of the saguaro's roots are less than ½ foot in depth and radiate out as far from the plant as it is tall. There is one deep root, called the tap root, that extends down into the ground more than 2 feet.
- After the saguaro dies, its woody ribs can be used to build roofs and fences; it also is creatively displayed by local artists. The holes that birds nested in or "saguaro boots" can be found among the dead saguaros. But be aware, it is now illegal to remove a saguaro skeleton from where it lies!

DESERT MOUNTAIN VILLAGES

Joanne Klonoski

Background

Desert Mountain was designed and constructed by Lyle Anderson who first visited our area in the early 1980s. His vision for Desert Mountain was based on his belief that people “were aspiring for some privacy and the beautiful desert where homes and the golf courses were folded into the environment and not just bulldozed flat lots.” To achieve his vision, Lyle hired architects associated with Taliesin West as master designers. Due to the size of the development, Anderson and Taliesin created the village concept to provide better security and to create a neighborhood identity. Each village in Desert Mountain was given a name to define its style and individual character. This character is reflected in each village’s unique gate design.

The villages provide the opportunity to join with neighbors in a smaller, more intimate environment. Whether walking a dog or getting some fresh air, village residents get to know each other and form new friendships. Many villages have instituted

regular get-togethers, at residents’ homes or at Club restaurants. The villages provide an intimate scale that can be a welcome counterpoint to the size of the greater community.

Governance

Desert Mountain has thirty villages ranging in size from 347 lots (Saguaro Forest) to 17 lots (Deer Run). All the villages operate under the leadership and management of the Desert Mountain Master Association (“DMMA”) and are governed by DMMA’s CC&Rs, bylaws, and design review guidelines. The CC&Rs is a lengthy document (233 pages) that addresses a wide variety of topics such as Architectural and Landscape Controls, Easements, Maintenance, Security, Assessments, Elections, etc. A copy of the CC&Rs is given to every purchaser of Desert Mountain property and can be found on the DMMA website (desertmtcommunity.com). Most villages also have their own CC&Rs, which may be stricter (but not more lenient) than the DMMA CC&Rs. The village CC&Rs may include additional controls unique to that village, such as parking restrictions, paint colors, design elements, etc.

Eight villages are incorporated: Apache Cottages, Arrowhead, Cochise Ridge, Grey Fox, Mountain Skyline, Saguaro Forest, Turquoise Ridge, and Gamble Quail/Sunrise/ Eagle Feather. Incorporated villages have their own articles of incorporation and bylaws, which largely mirror the DMMA bylaws. Incorporated villages have their own Boards composed of three or more village residents who meet in open forums twice a year. The village Boards are responsible for approving their budgets, keeping accounting records, maintaining reserves and other duties. Most incorporated villages utilize DMMA providers for legal, accounting, management, insurance, property management, security, and



LYLE ANDERSON'S VISION FOR DESERT MOUNTAIN WAS BASED ON HIS BELIEF THAT PEOPLE "WERE ASPIRING FOR SOME PRIVACY AND THE BEAUTIFUL DESERT WHERE HOMES AND THE GOLF COURSES WERE FOLDED INTO THE ENVIRONMENT AND NOT JUST BULLDOZED FLAT LOTS."

maintenance, leveraging DMMA buying power, management expertise and leadership skills to benefit their residents.

Council of Presidents

The Council of Presidents (COP) is a special committee of the DMMA Board, established to respond to the needs of village residents and to advise the Board on matters concerning the villages. The President of the Board of Directors presides over quarterly open meetings of the COP, during which village representatives may bring complaints, suggestions, and shared experiences before the


Board. Every village has a representative on the COP. For the incorporated villages, it is the president of the village. Staff solicits volunteers from the unincorporated villages to serve as their representatives. All homeowners are welcome to attend meetings of the COP, the dates of which are posted on the website and in the monthly *Connection* eBlast.


Special thanks to the residents who serve as village representatives to the Council of Presidents. For a full list of representatives and more information, go to: desertmtcommunity.com/589/Council-of-Presidents.

BLACK MOUNTAIN GUITAR INSTRUCTION

with
KYLE CARRIERE

www.kylecarriere.com





*Providing the convenience and comfort of
In-Home or Online Guitar Instruction*

Call or text 480-200-6499

MONARCH BUTTERFLIES ARE IN DECLINE AND YOU CAN HELP!

Wendy Whitman

Western monarch butterfly populations have decreased by 90% since the 1980s. Loss of milkweed host plants due to extensive herbicide use has been identified as a major contributing factor. Habitat loss, natural disease, predation, climate change, and widespread insecticide use have also contributed to declines.

Arizona and Desert Mountain are on a monarch migration pathway. We have a role to play in promoting the biodiversity of our 8,200 acres. Most importantly we can help support the health and proliferation of this important species.

The Basics of the Monarch Migration Cycle

It takes an entire year to complete the annual monarch butterfly migration from central Mexico to the eastern U.S. on to southern Canada, then back again to Mexico. It takes three generations of butterflies to move north from Mexico. The monarchs that spend the winter in the mountains of central Mexico are the fourth and final generation of a cycle that starts over each year. This amazing cycle involves four phases:

1. From November through February, the monarchs winter in Mexico
2. As temperatures start to warm in spring, milkweed host plants become available. Monarchs then begin their migration to the north. As they migrate through the south, they breed and lay their eggs. Once the new generation matures, they continue north.
3. Once they reach their northern destination, monarchs begin breeding in late spring and summer.
4. As the temperatures cool in the fall, this fourth generation of monarchs travels as much as 3,000 miles back to Mexico or California, following a route that they have never traveled before.



The Fall Migration South through Arizona is Occurring Now

Every September, monarch butterflies return to the deserts of Arizona on their fall migration to California or Mexico. A few latecomers may spend the winter with us here in Arizona. Weather conditions can slow down or hasten the migration, but the table and map below will give you an idea of when to look for them. They will reach their overwintering sites in California or Mexico sometime around the first week of November through the first week of December. There they remain in clusters and won't breed until spring.

PEAK MIGRATION IN ARIZONA

Grand Canyon	Sept. 16 – Oct. 15
Flagstaff	Sept. 18 – Oct. 17
Prescott	Sept. 20 – Oct. 19
Phoenix	Sept. 23 – Oct. 22
Tucson	Sept. 26 – Oct. 26

Is that a Monarch?

Queen butterflies look similar to monarchs. However, once you know what to look for, they are fairly easy to tell apart. There are several differences, but the most obvious is that the monarch has white dots only within black borders.



Monarch



Queen

How to Support the Monarch Butterflies

Provide monarchs with host plants (milkweed), nectar plants for fuel, and protection. Host and Nectar Plants: Locally native plants are best and help to sustain and improve the health of desert plants and animals. Desert Mountain has an excellent approved list of indigenous plants, including milkweed, on its website. desertmtcommunity.com/243/Approved-Indigenous-Plant-List

Get your plants and seeds from reliable sources that do not use insecticides or pesticides as monarchs will absorb them. The use of chemicals can have unintended consequences that ripple through out the ecosystem. Please plant within your patio walls or within your transition area or building envelope. Even if native, plants should not be added to the

Natural Area Open Space (NAOS). Native seeds will eventually seed themselves in the NAOS as will invasive plants. Plant native!

The following are the species approved and listed in order by most to least available:

- *Asclepias subulata* (Desert milkweed) – native in our area. Available all year.
- *Asclepias linaria* (Pine needle milkweed) – native in our area. Available most of the year.
- *Asclepias angustifolia* (Narrow leaf milkweed) – native in AZ, but not our area. Plant inside your patio walls. Available most of the year.
- *Asclepias asperula* (Antelope horns milkweed) – native in our area. Typically found in nurseries that specialize in native plants or plant sales. Seeds are readily available.
- *Asclepias nyctaginifolia* (Mojave milkweed) – native in our area. Least available. Expect it to be more available in the future.

Protection: Butterflies need trees or large shrubs for protection from the wind and heat of the day as well as a place to spend the night. When the weather is favorable, look for them on the southeast side of trees and tall bushes warming in the rising sun.

In dry conditions (low humidity and low rainfall), monarchs may benefit from supplemental moisture. Simply irrigate deeply when they are present. You may see monarchs and other butterflies sipping from morning dew or moisture on leaves or “puddling” on damp ground.

continued next page >



MONARCH BUTTERFLIES, *continued*

Tonto National Forest

The Friends of the Tonto, in partnership with the U.S. Forest Service, administers the Milkweed for Monarchs program in select locations within the Tonto, several of which are not far from Desert Mountain. The program's purpose is to establish monarch breeding habitat. Local volunteers plant and water milkweed, and also monitor the sites for butterfly activity. If you would like to help, contact Desert Mountain resident Susan Sridharan at susan@friendsofthetonto.org or visit the Friends website at www.friendsofthetonto.org/projects/.

Sustainability in Desert Mountain and Monarchs

The goal of the Desert Mountain Landscape Guidelines is to respect and preserve the natural desert, and for our landscaped areas to blend quietly and seamlessly into the natural environment.

In line with that objective, the Desert Mountain Sustainability Committee and Landscape Committee, with Master Board approval, have added four additional milkweed species to the approved plant list to offer residents a broader selection. In October of November, six or more native milkweed plants will be added to village entrances. The Master Association is doing its part to support monarchs during their migration. We hope you will do yours!



“ We have been using **AMERICAN ROYAL SEDAN** for friends and family for over 9 years. Greg runs a very professional and reliable transportation service. The BEST of the best. **R. MCKENDRICK**

“ We trust Greg and rely on **AMERICAN ROYAL SEDAN** for all of our transportation needs. They always make us feel like family. They are the very best! **M. VENA**

LONGEVITY - 12 YEAR DM ENDORSED VENDOR - MAX 2 STARS
LOYALTY - DM MAGAZINE ADVERTISER SINCE 2012
CONTRIBUTOR - DM EXPO EXHIBITOR YEARLY SCHOLARSHIP FUND
PARTNERS HELPING PARTNERS - Thank you from GREG SERTICH

Greg Sertich, Owner
RESERVATIONS: email: GSertich@cox.net or call (p) 602-625-3439
20100 North 78th Place | Suite 2061 | Scottsdale, AZ 85255

 **AMERICAN ROYAL SEDAN** 

SEARS-KAY RUIN & THE DESERT FOOTHILLS

Scott Wood, Tonto Forest Archaeologist (retired)
Friends of the Tonto National Forest

Sears-Kay Ruin is a developed archaeological site on the doorstep of Desert Mountain. Located just off the paved portion of the Seven Springs Road (FR 24), it is owned by the Tonto National Forest and maintained by the volunteer organization *Friends of the Tonto National Forest*. It is a great place to learn about the prehistory of the Desert Foothills region.

Hohokam is the name given by archaeologists to the people who once lived here. It is derived from an O'odham (Piman) word used to describe their prehistoric ancestors. Originating in the valleys of the Salt, Gila, Santa Cruz, and Verde Rivers, Hohokam culture flourished throughout central and southern Arizona from about 300 to 1450 AD. They built hundreds of miles of irrigation canals and farmed thousands of acres of corn, beans, squash, and cotton in the broad river valleys of the Sonoran Desert. They also harvested many wild plant and animal resources. Large villages and towns grew up where the modern cities of Phoenix, Tempe, Mesa,



One of the Small Compounds at Sears-Kay Ruin

and Tucson are today. The Hohokam also were gifted craftsmen who made a wide variety of tools and textiles for trade as well as ornate items of rare materials like shell and turquoise which they used to



Rooms at the Top of Sears-Kay Ruin

adorn themselves and practice their religion. Their trading partners ranged from Mexico to the Colorado Plateau.

About 750-800 AD, they began to spread out to the edges of the Salt River Valley with short-term forays seeking resources that weren't available along the river, like agave and various kinds of stones for making tools. More permanent occupation of the area followed, especially between about 950 and 1070 AD, during a warm, wet period that would have made agriculture more reliable away from the rivers. Several large and prosperous villages grew up at the edge of the Foothills during this time, relying on both farming and trade. Small family farms and settlements also were scattered throughout the area. They built ceremonial enclosures with high stone walls on several high hills and ridges on either side of Camp Creek Wash.

A drought following that wet period changed local settlement patterns again. People living in the Foothills area either retreated to the rivers or moved to more secure locations at higher elevations centered around good springs and soils with better water retention. By the late 1000s, they were beginning to transition out of pit-houses into

continued next page >

SEARS-KAY RUIN & THE DESERT FOOTHILLS,

continued



The "Mystery Room" at Sears-Kay Ruin

surface-built masonry houses. Several of the ceremonial enclosures, including Sears-Kay Ruin and another one on the southern flank of Apache Mountain, were turned into defensive settlements, reflecting a period of strife and social change within Hohokam culture that spread across all of central and southern Arizona. After about 1150, most folks had moved out of the lower desert side of the Foothills to places like Spur Cross, upper Cave Creek, and Seven Springs. Eventually, the Great Drought of 1275-1300 AD forced the final prehistoric abandonment of the whole Desert Foothills area. Some probably moved into the still flourishing towns along the Salt River, but many appear to have moved north to Perry Mesa, where they built large masonry room-block villages during the 14th century.

Most of the archaeological sites in the Foothills area were used on a short-term or seasonal basis by one or two families. Some, particularly those with dependable water or a strategic location, eventually developed into permanent villages with multiple family groups. There are several such settlements clustered around the eastern side of Desert Mountain. One of these, the Casanova Site along Blue Wash, consisted of a cluster of four walled

compounds containing about 20 rooms. The nearby Carefree Site, excavated for a Forest Service land exchange in the 1980s, was a sprawling village containing dozens of rooms. There is also a cluster of similar sites along Camp Creek Wash, the largest of which is, of course, the fortified hilltop community of Sears-Kay Ruin made up of about 40 rooms in six compounds strung out along the ridge.



A Small Homestead near the Head of Grapevine Wash

The archaeological sites of the Desert Foothills area represent important developments and periods in the prehistory of central Arizona. Please join with the Friends of the Tonto (friendsofthetonto.org) and their friends and partners in Desert Mountain and the *Desperados Trail Scouts* to preserve them for future generations.

Sears-Kay Ruin is located just off the Seven Springs Road, 6 miles east of Carefree and 2.8 miles north of the Bartlett Lake Road junction; there's a sign at the entrance. The paved parking area has several picnic ramadas, grills, and a restroom. From the trailhead the site can be reached by foot along a steep trail about ½ mile long. Signs along the self-guided trail will take you through the ruins. The tour takes about an hour – and it's free!

CORE STABILITY THE CENTER OF YOUR SWING

Robert Mottram, PT

Golf Health and Performance, robert.golfpt@gmail.com

Golf, like most other sports, is an activity that requires precise timing and movements in order to perform well. In fact, golf probably requires more precision because of the accuracy requirements needed to hit the small target. Mistakes made by the golfer at impact are magnified 100's of yards down the fairway. Golf is a game of how well, and consistently, the player can minimize their mistakes. The fewer and less severe the errors usually result in a successful and happier outcome.

So how do we lessen the chance of poor performance? Well, one of the more important factors in swinging a golf club is the ability to have a stable foundation. Your core, or center of your swing, is something that the extremities are attached to for support. If the core, or trunk, for which the arms and legs are working from, is weak and shaky then their ability to perform properly is jeopardized. We often take for granted that our arms and legs will do what we always want, and for most normal and easy activities, they do. But, when you ask them to operate in a high speed, high range of motion activity, quite often they're not prepared to do that task well or consistently. One of the examples that you may be able to identify with is standing in a rowboat. If you have ever stepped from a pier or land into a small boat, you're immediately aware of how shaky or unstable you are in the boat. If your trunk, which is a combination of your pelvis, abdomen and back, are weak and can't provide good

support, then you will have the same success at hitting a golf ball as if you were standing in a wobbly boat. Picture the tour professionals and how stable they seem and good their balance looks. It's because the center of their swing, their core, is rock solid.

Old injuries, tightness or weakness will interfere with the function of your core. Maintaining good hip girdle, abdominal and back strength, and length, will allow you to accomplish the necessary positions and movements needed to hit the ball more accurately and consistently.

So where do you start? Finding out where you are weak or tight is helpful. If you don't know what isn't working correctly or how to improve your limitations, may compromise your success.

Important areas that usually need review, and possible corrective and performance exercises are:

- Hip or pelvic girdle – front, sides and rotational muscles
- Abdominals – lower stomach and trunk rotators
- Back extensors – postural muscles
- Shoulder blade stabilizers – upper back and back of shoulders

Many times, these areas are weak in people, and they don't realize it. There may be no pain or problems, but the muscles are not in shape to assist in the golf swing. The exercises needed to improve those areas are specific and easy to do. But proper technique and doing them effectively is imperative.

So, remember, next time you are frustrated with the performance of your golf swing, it may be related to your wobbly boat golf swing. Improve the stability of your boat and you will be on smooth and happy seas.



ABRAZO CAVE CREEK HOSPITAL NOW OPEN

Helen Hemphill

“WE ARE ABLE TO OFFER SHORTER ER
WAIT TIMES AND HAVE 24/7 EMERGENCY
AND GENERAL SURGERY COVERAGE”



Abrazo Cave Creek Hospital, located at 5227 E. Carefree Highway and Cave Creek Road near Sprouts Farmers Market, opened July 26 offering a new approach to healthcare with emphasis on quality, convenience and efficiency. The hospital saw its first patient shortly after opening.

“Abrazo Cave Creek Hospital is in an ideal location for ease of access and was planned with an emphasis on quality medical care and efficiency,” said Administrator Sarah Bird, RN. “We are able to offer shorter ER wait times and have 24/7 emergency and general surgery coverage.”

Staff has been developing strong relationships with local EMS providers and looks forward to serving the community side-by-side with first responders, said Bird. Abrazo Cave Creek Hospital is smaller in scale than a typical general hospital, yet offers surgical services, a full emergency department, inpatient care, ultrasound, x-ray and CT scan, laboratory, pharmacy and other services on site, she noted.

“Patients with abdominal pain, sprains and broken bones, lacerations, pneumonia and flu are typical of the types of conditions we expect to see in the emergency department,” explained Dr. Sara Beckett, medical director of Emergency Services at Abrazo Cave Creek Hospital.

“As an Emergency Medicine physician, it is an honor to be involved with this new hospital. The Town of Cave Creek and its residents will surely benefit from having medical care nearby. Minutes matter in an emergency. We will strive to keep ER wait times short, and to provide safe, high-quality care. It’s about providing the right care in the right place,” said Dr. Beckett.

“We are very excited to open the doors at our Cave Creek Hospital. The ribbon cutting ceremony that we hosted was very well received and attended by the Cave Creek community and first responders,” added Naman Mahajan, CEO of Abrazo Cave Creek Hospital and Abrazo Scottsdale Campus.



*Opening day with the medical staff at
Abrazo Cave Creek Hospital.*



Abrazo Cave Creek Hospital's operating suite.

The hospital offers a patient the option to use private insurance, Medicare, Medicaid or self-payment and is fully integrated to transfer medical records to a patient's regular healthcare provider for a seamless continuum of care.

As the second largest health care delivery system in Arizona, Abrazo Health includes six acute care hospitals with a combined 1,029 licensed beds. In

AREA ABRAZO HEALTH HOSPITALS INCLUDE:

- Abrazo Arizona Heart Hospital
- Abrazo Arrowhead Campus
- Abrazo Central Campus
- Abrazo Cave Creek Hospital
- Abrazo Mesa Hospital
- Abrazo Scottsdale Campus
- Abrazo Surprise Hospital
- Abrazo West Campus

addition, the system consists of freestanding emergency centers, urgent care, primary care and specialty physician practices. Abrazo Health is owned by Tenet Healthcare Corporation based in Dallas, Texas, a leading health care services company that through its subsidiaries operates 77 hospitals and 183 outpatient centers nationwide.

For more information, visit AbrazoHealth.com.

FOR ALL YOUR RADON MITIGATION NEEDS

- ☢ Sampling
- ☢ Mitigation
- ☢ Radon Resistant Construction
- ☢ Operation and Maintenance
- ☢ Assessment of Existing Systems
- ☢ Arizona Licensed, Bonded & Insured



45+ homes mitigated in your area in the last 12 months

Highest radon level tested to date in area 62 pCi/L

More than 15 times the EPA recommended levels!

TESTING: The only way to know if you have a radon problem



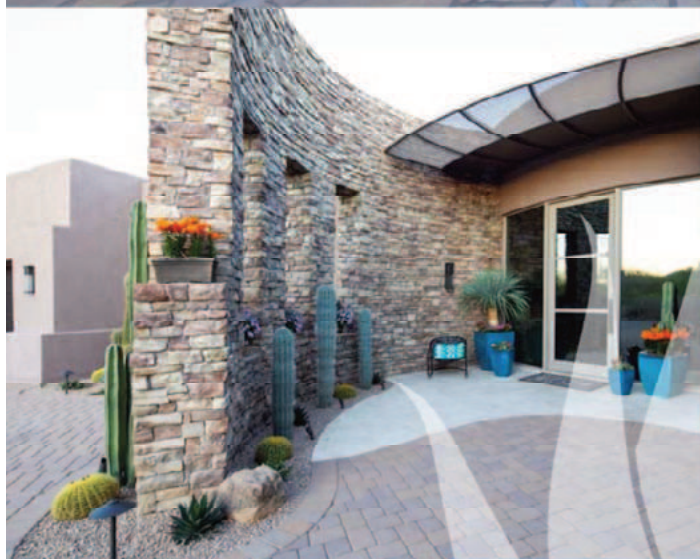
The EPA says radon poses a greater health risk to children than to adults.

Information Provided By: **National Lead Defense**

Family Owned and Operated since 2011

623.388.4806

info@azradonpros.com



DESERT FOOTHILLS LANDSCAPE

WWW.DFLAZ.COM

480.488.0128

HOME SALES AT HISTORIC HIGHS

Joanne Klonoski

The 2021 Desert Mountain real estate market has leveraged the momentum created during the last half of 2020 and continues to shatter records in 2021. Home sales in 2020 exceeded any prior year in all categories, but as it turns out, that was just the beginning of the surge experienced thus far in 2021. As of August 2021:

- 190 homes changed hands, **56% higher volume** than the same time last year.
- \$730,000 was the lowest price paid, **29% higher** than last year's lowest price.
- \$1,994,000 was the median price, **33% higher** than year-end 2020.
- \$508 was the average price/square foot, **29% higher** than year-end 2020.

A 6,900 square foot, 5 bedroom home in Saguaro Forest achieved the highest sale price to date, trading at \$10,500,000 (\$1,521/SF). Even more astonishing, only three homes over \$4 million sold in 2020. Twenty-four homes have already exceeded that benchmark in 2021.

“OUR BUYERS DURING THE PAST TWELVE MONTHS HAVE BEEN MORE ANXIOUS TO MOVE ON, TO ACCOMMODATE A NEW LIFESTYLE CREATED BY THE PANDEMIC AND URBAN UNREST.”

A Perspective: Then and Now

Kathy Reed has been an agent in Desert Mountain since 2004 and at the front gate since 2006. She and her husband Hugh have been Desert Mountain residents since 1993. I had the opportunity to ask Kathy how this market compared to the peak times 15 years ago.



“In the real estate boom of 2005-07, we had buyers that had experienced the wealth effect of the tech boom. Successful individuals who loved golf were seeking second homes and future retirement homes. It was a long thought-out change of lifestyle for buyers and sellers. No one really needed to buy and no one really needed to sell.” recounts Kathy. “It’s more intense now from both sides of the transaction. Our buyers during the past twelve months have been more anxious to move on, to accommodate a new lifestyle created by the pandemic and urban unrest. The average time on the market in Desert Mountain used to be about a year but now it’s measured in days or weeks. Everyone is more intense, with sellers expecting multiple offers and buyers believing they are paying too much.”

continued next page ➤

HOME SALES AT HISTORIC HIGHS, *continued*

**“WE WELCOME THE
MANY NEW INDIVIDUALS
AND FAMILIES WHO
NOW CALL DESERT
MOUNTAIN HOME.”**

Desert Mountain Security Attracts Buyers

The Delta variant, rising urban crime rates and high-profile natural disasters continue to motivate buyers to search for safety, security and sound infrastructure. “In May 2020 we saw buyers who were non-resident club members living in the Valley; suddenly, they didn’t need to live near Fashion Square anymore. Half of the buyers I’ve worked with during past 12 months are coming from California, particularly the San Francisco area, and the balance are from all major urban areas that experienced civil unrest. They want larger homes to accommodate their post-COVID lifestyle, preferably two offices, a media room, a pool, and lots of outdoor amenities. Most of all, they want SECURITY. Desert Mountain with its double-gated villages and 24/7 security team brought our community from ‘too far out’ to ‘one of the best places to live’. The result is increased home values, decreased inventory, and a wait-list for memberships.”

Inventory Drops But Interest Remains Strong

The numbers reflect this increase in demand and decrease in inventory. Currently, 36 homes are listed for sale, a dramatic decline from pre-COVID levels of about 165 listings. Of those 36, only 11 are completed re-sales; 25 are yet to be built. How has this decreased inventory affected the market? According to Kathy, “The market has slowed as

buyers took time this summer for vacations after the long hiatus due to the Pandemic. The inquiries are still steadily coming in and we all have “pocket Buyers”, just waiting for the right home to become available. Less inventory will keep our total sales volume down but will keep our values high for the foreseeable future. This is the time when market contacts are key. Knowing what’s coming to market before it hits the MLS, through a strong network of fellow team members, gives a buyer’s agent a real competitive edge and generates early momentum for the seller.”

Seven Desert Mountain

While Seven Desert Mountain is not part of the Desert Mountain Master Association, our real estate markets are intertwined. Three builders are active in Seven, offering a variety of product, from a 2,400 square foot condo to a 9,628 square foot custom home. Offering prices range from \$1.4 million to \$7 million, and seventeen homes have closed to date. “Seven Desert Mountain offers new homes, which many buyers desire,” reports Kathy. “Another significant advantage to buying in Seven now is the availability of memberships, which are tied to each lot. A year ago, who would have thought we would have a waiting list for lifestyle and golf memberships? Very different times!”

Looking Forward

Desert Mountain has seen record sales and the Desert Mountain Club has seen membership rise. We welcome the many new individuals and families who now call Desert Mountain home. No one knows what the “new normal” will be going forward, but with a first-class location, strong leadership, sound financials and great fundamentals, the future looks bright for our community.

ART IN THE FOOTHILLS

Helen Hemphill

“THE WORLD ALWAYS SEEMS BRIGHTER WHEN YOU’VE JUST MADE SOMETHING THAT WASN’T THERE BEFORE.” –NEIL GAIMAN



Youth artist Robin Ray

Ever been to the Hidden In The Hills Artist Studio Tour? The event takes place every November in Carefree, Cave Creek and North Scottsdale highlighting local artists and their works. Touring artists' studios, peeking at works-in-progress, and asking about creative inspirations feels like you're the best art sleuth ever and it's also a great way to connect with the creative world. Plus, if you have out-of-town guests for the Thanksgiving holiday, it's a terrific way to spend an afternoon and kick off your holiday shopping!

“We are thrilled to be celebrating the 25th Anniversary of Hidden In The Hills this year,” said Cait Huble, executive director of the Sonoran Arts League. “It's a true testament to the robust community of artists in the area. The success of

Hidden In The Hills, and the Sonoran Arts League as a whole, is a reflection of the artistic talent and creativity present in our community, as well as the support from art lovers near and far.”

The Sonoran Arts League, the organization that hosts the event, isn't just active in November during the Tour. It's a vibrant group of 750 art-loving adults and teens who create, teach, and promote art in the Sonoran Foothills throughout the year. The Sonoran Arts League is a real gem in the desert!

Located in the Center for the Arts in Cave Creek's Stagecoach Village, the Sonoran Arts League is home to a visual arts gallery, gift shop, workspace area, arts-learning studio, and meeting space. Some programming specifically targets young artists teens

continued next page ➤

ART IN THE FOOTHILLS, *continued*

and veterans. Classes are also offered for adults in painting, drawing, ceramics, holiday glass ornaments, tie-dye, decoupage, and much more. Members can also connect through monthly new member coffees, Art on the Rocks Happy Hours and exhibition opening receptions at the Center. Active in the area since 1975, the League is a non-profit 501(c)3 and partners with other local organizations, such as the Empty Bowls Project, benefitting the Foothills Food Bank.

Ready to be part of the arts? There are several levels of Sonoran Arts League membership, depending on your interests. All artists and arts supporters are welcome. Check out exhibits, events, and volunteer opportunities at: www.sonoranartsleague.org.

Demonstration by artist Byur Gullwing



Artwork by Mark Carroll





Artist Michael D'Ambrosi

HIDDEN IN THE HILLS ARTIST STUDIO TOUR CELEBRATES 25 YEARS!

2021 DATES: November 19, 20 & 21; November 26, 27 & 28

The tour is free and self-guided. Each studio also hosts one or more guest artists —with over 191 artists participating at 45 venues in 2021. The celebration of all things art right here in the desert is part of the Sonoran Arts League's vision to connect the arts to the human spirit. Maps, artist bios and volunteer information are available at www.HiddenInTheHills.org.

Interested in the Sonoran Arts League Class Calendar? See it here. <https://bit.ly/3CZPAID>

Specializing in Motorization, roller shades
other window coverings

HunterDouglas 

From traditional to contemporary, Hunter Douglas window fashions enhance the beauty of any décor. Contact Maria to explore the wide variety of textures, styles and colors for your home. Whatever you select, your rooms are sure to be inviting for years to come.

10% discount for Desert Mountain and Seven



M-F: 9:00 am - 5:00 pm
Sat: 10:00 am - 4:00 pm
Sun: By Appointment Only
(602) 944-4794
www.shadesunderthesun.net

©2021 Hunter Douglas. All rights reserved. All trademarks used herein are the property of Hunter Douglas or their respective owners. 14811876

DESERT MOUNTAIN'S NEW HOMES ARE TAKING A MODERN FLAIR

Helen Hemphill

While Desert Mountain is a mix of architectural styles, ranging from Tuscan to Modern Farmhouse to traditional Haciendas, the new homes currently being built on the Mountain are trending Desert Modern. With interesting roof lines and an innovative mix of stone, metal, glass and stucco, these new houses are giving the whole Mountain an updated vibe. With 81 homes currently under construction, our community is creating a new look that's still as timely as ever! Here's a look at some of the new homes recently completed.





Grey Fox Lot 159



Eagle Feather Lot 359



Sunrise Lot 273



Gamble Quail Lot 165



Gamble Quail Lot 165



SAVING LIVES AND CREATING HOPE THROUGH CANCER RESEARCH



Over the past 24 years, the Desert Mountain community through CARE has donated **\$8.6 million** towards breakthrough cancer research and treatment initiatives.

Thanks to your generous support, the physician-scientists at HonorHealth Research Institute and Mayo Clinic of AZ have made significant advances to create more effective therapies and improved patient outcomes. Your generosity leads directly to ground breaking discoveries and life saving treatments that benefit all of humanity.



Look for your CARE Star donor pledge card in the mail in October!

Cancer Awareness through Research and Education (CARE) is a 501(c)(3) organization. CARE@caredm.org

JILL PORCELLATO CAREs

Deborah McIntyre

In the Beginning . . .

In 1997, Desert Mountain resident Sylvia Owens and two others were receiving treatment for breast cancer at the Mayo Clinic. They believed that more research could eventually lead to a cure, and they decided to take action. Working with the Club, they put together a golf tournament to raise money to donate to the Mayo Clinic to support breast cancer research. They raised \$25,000 and delivered it to their doctor at Mayo Clinic in a brown paper bag. That was the humble beginning of CARE—Cancer Awareness through Research and Education.

Based on the enthusiastic response to this first golf tournament and the generosity of our community, the founders decided to hold an annual golf event to continue to raise money and make a difference. Today, those donations are used to provide seed funding for many types of cancer research—not just breast cancer. Since 1997, CARE has donated \$8.6 million to the Mayo Clinic and HonorHealth Research Institute, thanks to the support of the Desert Mountain Club and community, corporate sponsors and the tireless efforts of the CARE Board.

CARE's Support is Making a Difference

Jill Porcellato is the current Chair of the CARE Board of Directors. She and her husband Larry have lived at Desert Mountain since 2014. They fell in love with Desert Mountain as soon as they drove through the gates, and decided on their first visit that this is where they wanted to retire. She began volunteering for CARE two weeks after she moved in. Jill served on several CARE committees, and was elected Chair



of the Board of Directors in 2017. She is passionate about CARE's mission to provide seed funding to fight cancer through local, world-class research and is proud of the results they have achieved. Here are the highlights:

- Fighting breast and prostate cancer. CARE's initial gifts helped support research of breast and prostate cancer. HonorHealth Research Institute has become the recognized leader in clinical trials.
- Honing in on RADAR (Rapid Detection and Assessment of Response). CARE provided the seed funding for this program and continues to provide major support. The program's goal is to identify early markers for cancer so it could be detected and diagnosed when treatment can be most effective.

"NEVER DOUBT THAT A SMALL GROUP OF THOUGHTFUL,
COMMITTED CITIZENS CAN CHANGE THE WORLD;
INDEED, IT'S THE ONLY THING THAT EVER HAS."

—MARGARET MEAD

continued next page 

JILL PORCELLATO CARES_{, continued}

“QUITE A FEW OF THE PROJECTS THAT WE
HAVE SUPPORTED HAVE SHOWN RESULTS.
A BREAST CANCER VACCINE IS CURRENTLY
IN CLINICAL TRIALS.”

- Playing a leading role in the Early Detection Program. Focused on forging a new day in the fight against cancer, this innovative program aims to identify an individual's risk factors for cancer before they experience symptoms. The goal is to detect cancers early to prevent to improve a patient's response to treatment.
- Taking the Early Detection Program to the Next Level. With CARE's support, the Early Detection Program expanded by acquiring leading-edge genomic-based technology that helps advance research more efficiently.
- Launching the Cellular Therapy Research Program. The first of its kind in the region, this program focuses on novel treatments that involve transplanting human cells to replace or repair damaged cells. Physician-scientists are investigating an emerging approach called Adoptive Cell Transfer (ACT), which involves collecting and using patients' own immune cells to treat their cancers.
- 2021 Funding Project Multiple Myeloma Adoptive T-Cell Therapy Clinical Trial at Mayo Clinic in Arizona. The primary objectives are to determine the toxicity, feasibility and success rate of MUC1-specific T-cells administered to patients with multiple myeloma. The goal is to create a clinical protocol for submission as an investigational new drug application to the FDA.
- 2021 Funding Project Arizona Rare Cancer Initiative at HonorHealth Research Institute. Specific research will focus on a series of uncommon cancers, including uveal melanoma and small cell carcinoma of the ovary, two cancers which have no FDA-approved treatments.

According to Jill, “Quite a few of the projects that we have supported have shown results. A breast cancer vaccine is currently in clinical trials, and a couple of other projects have been implemented. We are working with some of the best cancer researchers in the world, and our donations are being used to fund seed projects that other cancer funding does not support. I want donors to know that their contributions and amazing support are making a real difference against this terrible disease.”

25 Years Later and the Biggest Goal Ever!

In 2022 CARE will be celebrating their 25th anniversary, and Jill is planning a big event on March 6 and 7. In addition to their auction, there will be a two-day celebration starting with a Gala the first night and a special golf tournament the next day. Jill says, “We are hoping to have our biggest turnout ever, and we are going to need it. We raised \$670,000 in 2021, in spite of the pandemic and we are setting a goal of \$1 million to celebrate our silver anniversary! COVID has been getting all the attention, but cancer did not go away.”



DONATIONS NEEDED:

Financial and Experience

There are six volunteer Directors on the CARE Board, and there is a great need for experience in Marketing/Communications and Governance. If you have skills and experience in either of these areas and would like to join the Board, please contact Jill at jporcellato@me.com.

If you would like to donate, there are several ways that you can make a tax-deductible donation:

- In October a mailing will go out to all Club Members and residents of Desert Mountain that will include a pledge card. 70% of CARE's funding comes from this drive, and there are special incentives for donors who give \$1,000 or more.
- Participate in the golf tournament and auction, raffle and paddle raise. Even non-golf members can play in this event! Everyone is welcome!
- Have your company become a corporate sponsor. There are special corporate donor packages available starting at \$1,500 that include several special incentives. Contact Jill for more information about these opportunities.
- Log in to the Club's website, members.desertmountain.com, go to DM Gives Back, then to CARE. Or simply search caredm.org.
- Imagine getting an extra bonus on your Amazon purchases! You can by signing up for AmazonSmile and select Cancer Awareness Through Research and Education Association as your preferred charity at smile.amazon.com/ch/20-3771288. Amazon Smile will donate to CARE at no cost to you.
- Contact CARE at CARE@caredm.org.

With the support of the Desert Mountain community, we can meet the \$1 million goal!

WHAT IS SHOW-AND-GO?

Craig Mitchell

Did you know that there are group hikes and bike rides almost every day of the week? Yes, residents have been operating under a Show-and-Go concept since the trails first opened almost ten years ago. Interested? Just show up and go at the event of your choice.

Show-and-Go group activities are a fun way for like-minded residents to join together for hiking, biking, and speaker events without pre-registration, fees, or a formal leader. Sometimes the destination is pre-defined and other times the group will come to a consensus at the planned rendezvous location. Either way, these events are fun and engaging for all

participants. Depending on any number of variables, the group can range from 1 or 2 to up to 30, and outings often motivate spontaneous planning for subsequent Show-and-Go's.

There are also popular monthly Show-and-Go activities like the ever-popular Sunset to Full Moon Hike where residents hike to view a glorious sunset at Sunset Summit then enjoy the full moon as it lights your way to the China Wall Overlook before returning to the trailhead. The moonlight will guide you but bring a flashlight if desired. This hike with 940 feet of elevation gain is about 3.6 miles/two hours and you will need water. Meet at the trailhead.

SHOW-AND-GO WEEKLY GROUP RIDES AND HIKES

DAY	RIDES & HIKES	MEET AT	DESCRIPTION	STARTING TIMES			
				OCT	NOV- MAR	APR- MAY	JUN- SEP
Mon	Road Hybrid E-Bike	Sonoran Courtyard	<i>Bartlett Lake Ride</i> —33 miles with 3,000 feet of elevation gain. Distance and elevation gain may be reduced if desired.	7:30	8:30	7:30	Ad Hoc
Tue	Road Mt. Hybrid E-Bike	Sonoran Courtyard	<i>Coffee House Ride</i> —18-miles with 1,000 feet of elevation gain for casual ride to local coffee house and return.	7:30	8:30	7:30	Ad Hoc
Wed	Hike	Ranch Trailhead	Typically 4+ miles—2-3 hours of on property adventure and fun.	7:30	8:30	7:30	7:00
Thur	Mt. Bike	Sonoran Courtyard	<i>McDowell Sonoran Preserve Trail Ride</i> —1.5 to 2 hours. No E-bikes allowed.	7:30	8:30	7:30	Ad Hoc
Fri	Hike	Ranch Trailhead	Typically 4 or less miles—2 hours of on property adventure and fun.	7:30	8:30	7:30	7:00
Sat	<i>Watch the Club Calendar for weekly updates.</i>						
Sun	Hike	Ranch Trailhead	Typically 4 or less miles—2 hours of on property adventure and fun.	7:30	8:30	7:30	7:00



SUNSET TO FULL MOON HIKING SCHEDULE

TWO DAYS BEFORE FULL MOON	SUNSET TIME	MOONRISE TIME	START HIKE ABOUT ONE HOUR BEFORE SUNSET
10/18/21 Monday	5:49	5:13	5:45
11/17/21 Wednesday	5:23	4:38	4:30
12/16/21 Thursday	5:21	3:43	4:15
1/15/22 Saturday	5:42	3:45	4:45
2/14/22 Monday <i>Celebrate Valentines Day</i>	6:11	4:21	5:15
3/16/22 Wednesday	6:36	5:12	5:30
4/14/22 Thursday	6:57	5:01	6:00
5/13/22 Friday	7:19	4:51	6:15
6/12/22 Sunday	7:38	5:59	6:45
7/11/22 Monday	7:39	6:02	6:45
8/29/22 Tuesday	7:19	5:55	6:15
We hike two days before the full moon because the moon rises earlier and is higher in the sky for the return hike.			

SEE IF YOU CAN FIND THE DIFFERENCES IN THESE TWO PICTURES

Meet your wonderfully creative and talented Master Association Communication and Marketing Team!



Front Row from left to right:

Sharon Wong, Helen Hemphill, Deborah McIntyre, and Joanne Klonoski

Back Row from left to right:

Ron Helm and Mike Klonoski



1-Spa Control Missing; 2-No Buda on Pillar; 3-No Dots on Woman's Light Blue Shirt (Deb); 4-No Paper in the Air; 5-No Watch on Woman's arm (Helen); 6-No Belt on Man's Pants (Ron); 7-Missing Bar Stool Leg; 8-No Cuff on Man's shirt (Mike)

ONE LAST THING

MEET TIM FISCHER, IT PROFESSIONAL AT THE DESERT MOUNTAIN MASTER ASSOCIATION

What is your role at DM and how long have you been here?

In 2004, I began work in the Security Department at the Desert Mountain Master Association. I became the Association Information Systems Administrator in 2015. Since then, I have built our network and infrastructure from the ground up. The best part of my job is my "average week"; it's almost never the same and that makes my job exciting every day!

What IT project did you enjoy most this year?

Working with Desert iNet has been the most rewarding knowing what it means to the community, providing an alternative internet provider with technologies other carriers just can't compete with. This community deserves it!

What is your favorite pastime?

I love to online game, and study new and emerging technologies!

Tell us about your family?

In 2007, I married Melinda; we have two kids; Paige (11) and Joe (9). My wife is a Pharmacy Operations Manager for Centene, and our children have been in the Mandarin immersion program since kinder-garten; they speak Mandarin fluently, which makes me very proud.

What is your next vacation plan?

We had planned on a two-week cruise to Hawaii; it was unfortunately put on hold due to the pandemic. We will be making that our next trip!

Tell the readers something about yourself that your colleagues and residents may not know.

I played the clarinet for a symphonic group and was part of the marching band as its squad leader. In my senior year, I volunteered to be one of the dancers for the final song - an amazing experience.





Interior Design
Architecture
Custom Furniture
Luxury Staging

833.447.5662

EXPERIENCE MORE AT:

JAUQUE.design

JAUQUE

RESIDENTIAL | CORPORATE | HOSPITALITY



Locally owned and operated, Carefree Outdoor Living is a convenient resource for all your outdoor needs. The age of the outdoor room has arrived and *Carefree Outdoor Living* has firmly established itself as the go-to resource for innovative outdoor room components, designs and patio furniture.

Located in the Carefree Marketplace
36889 N. Tom Darlington Drive, Suite C-5
Carefree, Arizona 85377

CarefreeOutdoor.com
info@carefreeoutdoor.com



facebook.com/carefreeoutdoor.com

"Your Resource for Luxury Outdoor Living"

480-575-3091

Patio Furniture Brown Jordan, Ratana, Telescope, Tropitone, O.W. Lee, and Sunset West.



Barbecues Lynx, DCS, FireMagic, AOG, Twin Eagles, Delta Heat, Napoleon, and Big Green Egg.



 **sunbrella®**

Custom Cushions
New, Replacements, Bunko Benches