



*the Spa*  
AT DESERT MOUNTAIN

THE SPA AT DESERT MOUNTAIN | 480-595-4350



# FACIAL TREATMENTS

Luxurious, results-oriented facials that elevate skincare to an experience.

## Organic Aromatherapy

60 MINUTES | \$105

Reconnect with nature, spirit and self with this deluxe facial that combines modern skincare with the ancient art of aromatherapy. Skin is revitalized; mind is at ease.

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## Advanced Repair

60 or 90 MINUTES | \$115/\$160

This customized treatment includes a multi-acid or enzyme peel to address specific conditions of the face, neck, décolleté and hands. Ideal for skin types concerned with hyper-pigmentation, congested skin, fine lines and premature aging. Skin looks and feels refreshed and radiant.

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## Caviar Anti-Aging

60 MINUTES | \$150

A decadent facial utilizing anti-aging caviar proteins to firm, tone, refine and deeply hydrate the skin. Results are immediate, leaving skin looking supple, healthy and luminous.

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## Fire & Ice Facial

60 MINUTES | \$150

A clinically active treatment designed to rapidly and safely resurface the skin, reduce fine lines and wrinkles, smooth, soften and leave the skin with a healthy glow. It incorporates both active and soothing formulas, which evoke aromas of warm cinnamon spice and brisk cool peppermint to awaken your senses.

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## Honey Enzyme Facial

60 MINUTES - \$120 | WITH DERMAPLAN - 75 MINUTES - \$190

This luxurious, exfoliating and incredibly hydrating facial enhances skin with gentle massage and soothing hydration. Effective for all skin types, each use leaves skin as smooth and soft as it's ever been.

## Intracutaneous Oxygen

Rejuvenate/Hydration | Opulence/Brightening

60 MINUTES | \$155 | Add-on Décolleté \$75

This skin quenching treatment uses oxygen under pressure and revolutionary serums to instantly restore hydration, vitality, and glow.

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## Intracutaneous Oxygen

Rejuvenate/Hydration | Opulence/Brightening

90 MINUTES | \$240 | Add-on Décolleté \$75

The Ultimate Oxygen Facial combines our 60-minute Intracutaneous facial with Atoxylene to instantly reduce the appearance of fine lines and wrinkles and your choice of diamond tip microdermabrasion or dermaplane. Leaves your skin Red Carpet ready.

### Oxygen Treatment Enhancements | \$40

Intracutaneous Oxygen professional serums can be added to all Rejuvenate Infusions. Choose from:

#### Antioxidant+ Booster

Revitalizes skin, calms capillaries, and brightens and clears around the eyes.

#### Collagen+ Booster

Restores collagen, boosts volume and repairs barrier function.

#### Vitamin C+ Booster

Helps repair sun damage, evens skin tone and protects.

#### Vitamin A+ Booster

Clears blemishes, smoothes texture and erases wrinkles.

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## Dermaplane

45 MINUTES | \$90 / Add-on \$70

A highly effective method of exfoliation that gently scrapes off the top layer of dulling dead skin cells in order to reveal a smoother, brighter complexion.

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## Diamond Tip Microdermabrasion

\$130 / Add-on \$75

This crystal-free system uses a diamond tip wand to polish the skin, soften fine lines and acne scars and improve the skin's texture and appearance.

## Gentleman's Facial

60 MINUTES | \$95

A therapeutic deep-cleansing facial designed specifically for male skincare needs.

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## LED Therapy with Topical Light Infusion

90 MINUTES | \$240

This advanced Infusion treatment combines a powerful blend of hyaluronic acid, marine collagen, peptides, and nourishing vitamins and minerals. In as little as 15 minutes, these clinical strength ingredients will rapidly restore hydration levels, improve micro-circulation and clam the skin to reveal smoother, firmer, plumper skin.

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## Waxing/Tinting

Eyebrows .....	\$22
Full Face .....	\$70
Full Arm .....	\$70
Half Arm .....	\$40
Underarm .....	\$30
Full Leg .....	\$80
Half Leg .....	\$40
Full Chest .....	\$65 +
Full Back .....	\$65
Bikini .....	\$40 +
Brazilian .....	\$65 +
Lip, Chin, Nose, Cheek, Ear .....	\$15
Lash Tint .....	\$25
Brow Tint .....	\$25





# MASSAGE TREATMENTS

Focused therapies that offer a relaxing escape from muscle tension and stress.

## Sonoran Signature Massage

60 or 90 MINUTES | \$95/\$130

The Sonoran Signature Massage incorporates Swedish massage techniques customized to your body's needs to help increase circulation, relieve muscular tension, smooth away stress and encourage the body's natural healing ability.

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## Therapeutic Sports Massage

60 or 90 MINUTES | \$100/\$135

Firm strokes designed to address specific areas of tension or pain. Your therapist will customize your treatment using deep pressure and stretching techniques designed to prepare the muscles for exercise and to help them recover quickly afterwards.

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## Customized Organic Aromatherapy Massage

60 or 90 MINUTES | \$105/\$140

Taking massage to the next level, this enhanced treatment begins with a warm eucalyptus foot compress. Lavender-infused towels warm the body as a calming aromatic ritual imparts comfort and serenity.

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## Neroli Blossom Massage

60 or 90 MINUTES | \$105/\$140

Renew and refresh body, energy and spirit with this therapeutic treatment incorporating dry brush, tension release, energy and breathing techniques with the uplifting essence of Neroli.



## Magnesium Wellness Treatment

60 or 90 MINUTES | \$105/\$140

Magnesium optimizes healthy energy levels, sleep, muscle function and overall well-being. This nourishing treatment promotes detoxification as it replenishes commonly deficient magnesium levels.

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## Hot Stone Massage

60 or 90 MINUTES | \$100/\$140

Combining soothing hot stone application and intensive deep-tissue massage, your therapist will work to revive fatigued muscles and rebalance the body.

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## Head, Neck and Shoulder Treatment

30 MINUTES | \$60

This express treatment targets key areas of tension with aromatherapy and acupressure to clear the mind, promote relaxation and ease stiffness and pain.

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## Prenatal Massage

60 or 90 MINUTES | \$95/\$130

A completely relaxing full body massage using our safe but effective pre-natal techniques and our omega rich oils to help relax, increase circulation, alleviate tired muscles and reduce excess water retention, focusing on the specific muscles that are responsible for supporting that beautiful bump.

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## Couples Massage

60 or 90 MINUTES | \$200/\$280

Create a private sanctuary together as you indulge in a massage experience side-by-side in your own treatment room.



## Body Enhancements

These may be added to any massage or body treatment.

### Turkish Body Scrub

25 MINUTES | \$50

An invigorating, remineralizing experience uses thermal salt in this dual exfoliation with natural minerals and loofah scrub to thoroughly energize and smooth the body.

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### Scalp Zen

15 MINUTES | \$25

Warmed lavender oil massage reduces tension in the scalp while essences of apricots and professional-grade keratin protein heal dry damaged hair.

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### Bamboo Zen

15 MINUTES | \$25

Bamboo and ginger exfoliation followed by warm ginger oil and healing stone massage, leaves you smooth and bright... choose from back or hand/arms.

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### Foot Ritual

15 MINUTES | \$25

This Foot treatment helps to stimulate circulation as well as revitalize and remineralize tired feet. Using Eucalyptus essential oil and Turkish salts, the feet are exfoliated followed by a reflex point acupressure massage with invigorating Fub Balm to conclude this revitalizing experience.

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### Lymphatic Booster

15 MINUTES | \$25

Stimulating dry brushing enhances any massage to stimulate a sluggish metabolism, boost immunity and help nourishing oils penetrate more deeply to heal dry skin.



# BODY TREATMENTS

Comprehensive, restorative treatments that blend wellness traditions with modern luxury.

## Aroma Sensory Retreat

90 MINUTES | \$150

Enjoy a customized mineral salt scrub, cocoon wrap with invigorating foot massage and finishing with a revitalizing full body massage. Customize your sensory retreat with your choice of Lavender, Ginger or Neroli Aromatherapy Oil.

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## Body Firming Detox

60 MINUTES | \$105

Refine and firm body contours with a purifying scrub to energize and detoxify, while a cellulite-reducing massage with clinically-proven actives, promotes slimming results.

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## Hydrating Aloe Wrap

60 MINUTES | \$105

Healing, moisturizing, organic aloe vera combines with nourishing algae and soothing lavender for a skin-quenching experience. Includes a luxurious scalp, neck and foot massage.

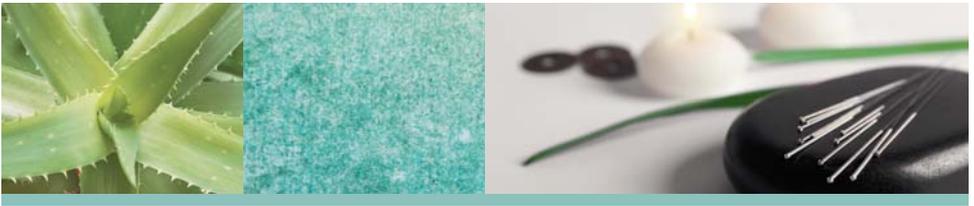
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## Brighter Body Glow

60 MINUTES | \$95

This multi-active experience incorporates exfoliating bamboo, fruit enzymes and multi-fruit acids along with stimulating body buffing techniques to refine and brighten skin.





## ACUPUNCTURE

A system of complementary medicine that involves pricking the skin or tissues with needles, used to alleviate pain and to treat various physical, mental, and emotional conditions. Originating in ancient China, acupuncture is now widely practiced in the West.

### Acupuncture

30 MINUTES - \$75 | 60 MINUTES - \$130

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### Acumassage

60 MINUTES - \$130 | 90 MINUTES - \$175

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### Acu-Integration

60 MINUTES | \$130 | 90 MINUTES | \$175

A customized blend of Acupuncture and your choice of Roling-Structural Integration, Cupping, Gua sha or hot stone massage.

## TEETH WHITENING

Brightening your smile has never been so easy. The Spa offers teeth whitening by Bleach Bright. This teeth whitening system is a 15-30 minute treatment that will brighten your smile 2-8 shades whiter. This proces is easy, quick and pain free.

15-30 MINUTES | \$50





## HAIR AND NAILS

Men's Haircut + Style	\$42+	Partial Highlight	\$75+
Women's Haircut +Style	\$65+	Full Color	\$75+
Child's Haircut (ages 3-11)	\$30+	Color Retouch	\$65+
Formal Style	\$70+	Conditioning Treatment	\$35+
Shampoo + Style	\$40+	Men's Color	\$35
Bang Trim	\$15+	Hair Extensions consultation	
Full Foil Highlight	\$95+	GK Hair Treatment consultation	\$250+

### Desert Mountain Signature Manicure

45 MINUTES | \$40

This deluxe manicure consists of nail shaping and filing, cuticle attention, invigorating hand massage and paraffin treatment to seal in moisture and polish.

### Desert Mountain Signature Pedicure

60 MINUTES | \$65

Luxurious pedicure begins with a relaxing herbal bath and gentle exfoliation, shaping the nails and conditioning the cuticles, followed up by a relaxing massage, paraffin treatment and then polish.

### Sonoran Manicure

30 MINUTES | \$30

Nails are expertly shaped and groomed, cuticles are tended and nails are polished.

### Sonoran Pedicure

45 MINUTES | \$48

The experience begins with a relaxing herbal bath, which leads to a soothing scrub, further softening the feet. Finished by shaping the nails and conditioning the cuticles. Aches, stiffness and soreness will be relieved with a light massage and then polish.

Shellac Manicure	\$40	Polish Change	\$18
Shellac Pedicure	\$58	French Polish	additional \$10
Shellac Removal without application	\$5		



# DESERT MOUNTAIN BARBERSHOP

Wednesdays and Thursdays at  
Cochise/Geronimo Men's Locker Room | 9-5 p.m.

Men's Haircut	\$35
Young Man's Haircut - 13 and under	\$25
Classic Shave	\$35
Royal Shave - includes hot lather shave and Men's facial mask.	\$55
Aromatherapy Skin Treatment	\$45
Moustache and Beard Trim	\$25
Neck Trim	\$10
Shape Up - includes tightening edges and neck trim	\$20

## The Classic Package

\$60

Includes Men's Cut and Classic Shave

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## The Royal Package

\$75

Includes Men's Haircut, Hot Lather Shave  
and Men's Facial Mask.





KERSTIN  
FLORIAN

## SPA INFORMATION

Cell phones are not permitted to keep the spa area quiet and protect your privacy.

### SPA ATTIRE

Members and guests are provided robes and slippers to wear while experiencing the Spa. A locker to store your personal belongings will be assigned.

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### ARRIVAL TIME

It is recommended you arrive at least 15 minutes prior to your treatment allowing for relaxation and to receive the optimal benefits from your spa treatment, decompression time is essential before your service begins.

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### SPA CANCELLATION POLICY

Should you need to cancel your appointment, please notify the Spa 24 hours in advance at 480-595-4350. A full treatment charge will be applied to your account for less than 24 hours cancellation notice.

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### MEDICAL CONSIDERATIONS

Your comfort and well-being are very important to us. Before receiving your service, please let us know about any special needs or medical conditions, pregnancy, hypertension, injuries, allergies or disabilities. Talking with your spa therapist will help customize your service to ensure maximum enjoyment and benefits.

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### AGE MINIMUM

Members and guests must be at least 16 years of age to experience treatments at the Spa unaccompanied by a parent. Children between the ages of 14 and 16 must experience services with a parent or guardian, or be accompanied by them.

Salon services such as hair and nails are offered to members and guests of all ages, however, children under the age of 13 must be accompanied by a parent.

The Hourly Playtime Program provides a great opportunity for children to play while parents have a spa treatment. Please call the Youth Center to make reservations at least 24-hours in advance by calling 480-595-4359.